

# Lessons From Everest



**“ An inspiration to all ”**

James Riley  
Group Finance Controller  
Jardine Matheson

**“ Right on Target ! ”**

Jamie Rains  
Chief Agency  
Officer SE-Asia, AIA



*David Lim*

Learn more about **LESSONS FROM EVEREST**, a dramatic, motivational presentation guaranteed to make people think differently about goal-setting, creating the right set of beliefs, and overcoming obstacles. Delivered by corporate coach, best-selling author, and veteran Everest team leader David Lim, join over 150 corporate clients just like yourself who have been enthralled by this totally customisable presentation that will educate, entertain and add-value to any event, conference or meeting

David Lim, is best known for leading the landmark 1st Singapore Mt Everest Expedition in 1998. A week after his return from Everest, he was totally paralysed by a rare nerve disorder, and spent six months in hospital. He has permanent disabilities in both legs, but made a dramatic comeback to climbing the world's great mountains. David's **LESSONS FROM EVEREST** has been delivered across more than 41 cities and 20 countries. "Lessons" has helped organisations shift thinking, and changed how they look at their own teams, and create high-impact results. David's story became a cover story for the **Readers Digest** magazine in 2001, reaching 90 million readers worldwide and translated into 8 languages.

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David's leadership of the landmark 1st Singapore Mt Everest Expedition in 1998 was intended to make a mark on mountaineering, on a flat, tropical, island-nation where the highest point is barely 150 metres above sea-level. There was an Everest to overcome not just in the minds of the public and the sceptics, but also within the team. In his lavishly illustrated presentation **Lessons From Mt Everest**, David covers the importance of passion and vision. He focuses on how to embrace change, re-define success, and the boundaries of the possible. The discipline in doing the small things consistently and well is also one of the keys he explores in this presentation.

### **Why David, and why Lessons From Everest?**

**Experience:** Since 1999, David has worked with, and moved international, multi-lingual audiences from 15 to 12,000 people, and is one of the few professional speakers to have delivered presentations in dozens of cities- from Australia to the Arctic Circle. David also brings a decade of corporate and coaching experience to create relevant linkages for your audience between moving, dramatic and authentic stories - and their own unique situation. This is not just a presentation about a mountain climb!

**Style:** Breezy, humorous, down-to-earth. Never in-your-face, yet participative with (depending on constraints) several audience participation segments to enforce learning points.

**Content:** Focusing on the principle of 'less is more', David prefers to focus on no more than three to five points relevant to your audience, and working at making them embrace these points as their own.

**Value-add:** Books, learning aids, combinations with a teambuilding programme - are just some of the packages possible. Create a combination event that can be delivered seamlessly by David and his team

**Email:** [office@everestmotivation.com](mailto:office@everestmotivation.com) today, or call T (65) 67779843, M (65) 97492076

Hundreds of delighted clients include Nokia, Oracle, HSBC, UBS, Pfizer, Novartis, Rockwell Automation, NM Rothschild, Prudential, AXA, IBM, INSEAD Business School, TATA Steel and Singapore Telecommunication.